

2024-2025 CHS Cheer  
Captain/Co-Captain Application

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# 2024-2025 CHS Cheer Captain/Co-Captain Application



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## Varsity Captain/Co-Captain Application

In order to be a CHS Cheerleading Captain, an individual must meet certain qualifications and complete the entire application process. The qualifications and application process are outlined below. If selected to be a CHS Cheerleading Captain for the 2024/2025 season, this position is a 1 year term.

### Qualifications:

- Must have at least 2 years of Varsity experience.
- Must have a GPA of 3.0 or higher.
- Must be in good standing with CHS Cheerleading coaching staff and school administration.

### Captain & Co-Captain Criteria & Job Descriptions:

- **Varsity Captains**

**\*Captains:** Must be a junior or senior, must have been a member of the cheerleading squad for at least two years prior to trying out. The captain of the squad is basically the Coach's "right hand person." She/He will assist with choreographing chants, cheers and dances. She/He will be responsible for communicating any information from the coaches to the rest of the squad. Oftentimes this means individually calling/texting every team member certain evenings to make sure they are aware of important meeting times, what uniforms should be worn, game day schedules, etc. The captain is also responsible for calling sideline cheers and making sure the rest of the squad is behaving appropriately during games. Be a good example of cheer performance expectations and standards when performing. This person will also serve as a guidance mentor for others on the squad. If something is bothering another cheerleader about anything dealing with cheer, she/he can go to the Captain for advice and to voice her/his concerns. The captain will share these experiences with the coaches as well. Ultimately, the captain is supposed to be the glue that holds our cheer squad together. Once the captain is selected, she/he will find there are plenty of other miscellaneous responsibilities not listed above.

**\*Co-Captains:** may be a sophomore, junior, or senior, must have been a member of the cheerleading squad for at least two years prior to trying out. The co-captain of the squad will assist the Captain in completing her/his responsibilities. The captain is the head leader of the squad and the co-captain is the assistant head leader. In the event of the captain's absence, her/his responsibilities are to complete any of the responsibilities listed above. The Captain and co-captain often become very close due to the amount of time they spend working together on cheerleading projects.

- **Captains may not be involved in any other activity (including work) that will take precedence over cheerleading.**

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## **Captain/Co-Captain Questionnaire and Video Speech**

- Candidates will be required to complete a questionnaire during the week after cheerleading tryouts. All questionnaires must be completed and emailed to Coach Thorne by Thursday, 5/23. The questionnaire will ask questions about the candidates' goals and plans as well as situational questions.
- Candidates will also be required to record a 1 minute minimum speech explaining why they think they should be captain (experience, ideas, etc). Your video needs to be emailed to Coach Thorne by Thursday, 5/23.
- Please email the questionnaire and video speech together to Coach Thorne at [sheryl.thorne@bvsd.org](mailto:sheryl.thorne@bvsd.org).

**Decisions will be made and posted on Instagram on Friday, 5/24 by 5pm.**

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**Varsity Captain/Co-Captain Questionnaire**

1. Name two ways to get students interested in attending CHS sporting events.
2. What would you do if a member of your squad had a bad attitude?
3. What three characteristics do you feel are most important for team members to possess?
4. Do you feel cheerleaders are an important part of the athletic program; if so, why?
5. What motivated you to tryout for the CHS Cheerleading team?
6. How should cheerleaders represent their school and student body?
7. What would you like to see implemented in next year's cheer program?
8. What is something the cheerleaders did last year that you felt was effective?
9. What ideas do you have to get teachers and administrators involved in school spirit?
10. Why should a cheerleader maintain good grades?
11. How have you overcome adversity?
12. What is one goal you have set for the 2023/2024 CHS cheer season.